

Eye Procedure(s) Upper and/or Lower Blepharoplasty:

- To cool eyes, fill a clean bowl with fresh ice cubes & water. Take large gauze (or a fresh washcloth) and dip in cold water. Squeeze out excess water and ice cubes. Place cool gauze over eyes for 10 minutes (or until gauze gets warm). Repeat 3-4 times per hour while awake. Do this for the first 48 hours after procedure. This helps reduce swelling.
- Apply **lubricating eye ointment** to the incision lines 2-3 times a daily. It is best for the incisions not to be crusty.
- At night, apply lubrication eye ointment directly into your eyes to keep them moist. To do this, start at your inner eye and apply a thin line of the ointment along your lower lid. When you blink, the ointment will cover the eye and keep it moist. This will make your vision slightly blurry. You can flush eyes out in the morning with sterile saline or eye drops.
- **Never use peroxide around the eyes.**
- If you have had an eye procedure, or laser treatment you may wear contact lenses 1 week after procedure or as instructed by Dr. Lanfranchi.

Lower Blepharoplasty (Only):

- After the procedure you will have steri-strips placed on the outer corners of the eyes (leave them in place, and they should fall off in 2-3 days). Reapply new steri-strips each day during waking hours, and use for 8-10 hours daily, for a total of 4 weeks. Do not pull down your lower eyelid when applying drops.

IF YOU HAVE ANY QUESTIONS DO NOT HESITATE TO CONTACT US! WE ARE HERE TO HELP 24 HOURS A DAY

TEXT #: 833-611-0925

OFFICE #: 702-929-3880 EXT 3