

## Fat Transfer Post Procedure Instructions

- Your face will be swollen and there will be temporary lumps and bumps. The swelling will subside with time. Do not rub, or manipulate, the area of fat injection during the first week. If there are any small lumps after one week, gently massage the area with your finger after applying a warm wet cloth to soften.
- Asymmetric or uneven appearance is common initially. Please be patient, as you are still healing. You may look “overdone,” but this is normal for the first week(s). It will settle down over a few weeks.
- The tape on your abdomen will fall off on its own. There is one suture for us to remove in that area (typically at one week).
- After 24 hours you can remove the wrap around your abdomen to shower, and then put it back on. You should wear the abdominal garment for 1 week after the procedure for comfort.
- It takes time for the fat to grow volume and final results are not attained until 9 months or later.

**\*IF YOU HAVE ANY QUESTIONS DO NOT HESITATE TO CONTACT US! WE ARE HERE TO HELP 24 HOURS A DAY\***

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