



THE LANFRANCHI CENTER

Facial Plastic Surgery & Rejuvenation

What is Ozempic Face?



With the increasing popularity of Ozempic and other GLP-1 (Glucagon-Like Peptide-1) medications for weight loss, "Ozempic Face" has become a popular term in the medical and aesthetic community. This term specifically refers to the effect of weight loss on one's face, rather than a particular effect from the medication itself. In the face and neck, it manifests as an increase in jowling, chicken/turkey neck, and hollowing of the cheeks. It is important to note that this class of medications do not specifically target the fat of the face and neck. What is more important is the increased rate and amount of weight loss these new drugs have proven to cause compared to weight loss drugs of the past.

What are the Options to Treat Ozempic Face?

Non-surgical options include microneedling, PDO Threadlifting, and Dermal fillers such as Juvederm, Restylane, Sculptra, etc. Most of these treatments provide temporary or minimal results when it comes to addressing the global deflation of the face.

Why is a Lower Facelift and Neck lift the best option for facial deflation of the face due to Ozempic and GLP-1 agonist drugs?

Due to the significant increase in laxity and sagging of lower facial skin and neck tissue from GLP-1 drugs, the most powerful (and semi-permanent) way to treat unwanted lax tissue is to physically tighten the lower face and neck. Non-surgical methods are not able to significantly tighten the underlying facial/neck muscles and skin.

Can a Lower Facelift and Neck lift be performed under local anesthesia in patients who lost significant weight from use of GLP-1 Agonists?

A handful of surgeons are specially trained to perform cosmetic facial procedures, including a lower facelift and

neck lift, under local anesthesia. The overall risk of the procedure decreases significantly when general or IV anesthesia can be avoided. Recovery time typically is faster under local anesthesia. It is also cost effective, as there are no associated costs for a surgical center or anesthesiologist.

When should I have my Lower Facelift and Neck lift after taking Ozempic?

It is advised that a patient should be fairly close to their ideal/goal weight before having a lower facelift with neck lift. Weight loss of more than 7% body weight can cause noticeable unwanted changes in the face. Thus, it is strongly recommended to be close to ideal weight (within 5%), when considering a lower facelift and neck lift in particular.

Can I take have a lower facelift and neck lift while actively taking Ozempic or other GLP-1 Agonist medication?

It is safe to take this class of medication while having a Lower Facelift and Neck lift, especially when it is performed under local anesthesia. Many patients who have reached their goal weight continue to take GLP-1 medications for maintenance. These patients are the ideal candidates since they have reached their goal and hopefully keep their weight stable over time.



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