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Board-Certified in Facial Plastic Surgery having performed over 15,000 procedures since 2006 using his specialized technique under local anesthesia.



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## OZEMPIC FACE with Dr. Lanfranchi

Understanding the effects of sagging and deflation in your face & neck due to weight loss medications



Procedures performed – Upper & Lower Blepharoplasty, Chin implant, Men's Lower Face Lift and Neck lift



Procedures performed – Women's Lower Face Lift and Neck Lift

### What is Ozempic Face?

With the increasing popularity of Ozempic and other GLP-1 (Glucagon-Like Peptide-1) medications for weight loss, "Ozempic Face" has become a popular term in the medical and aesthetic community. This term specifically refers to the effect of weight loss on one's face, rather than a particular effect from the medication itself. Medications in this category can cause rapid weight loss everywhere in the body, including that of the face in neck, resulting in significant sagging and deflation. In the face and neck, it manifests as an increase in jowling, chicken/turkey neck, and hollowing of the cheeks. It is important to note that this class of medications do not specifically target the fat of the face and neck. What is more important is the increased rate and amount of weight loss these new drugs have proven to cause compared to weight loss drugs of the past.

### What are the Options to Treat Ozempic Face?

Non-surgical options include microneedling, PDO Threadlifting, and Dermal fillers such as Juvederm, Restylane, Sculptra, and Radiesse to name a few. Most of these treatments either provide temporary or minimal results when it comes to addressing the global deflation of the face that occurs with significant and rapid weight loss.

### Why is a Lower Facelift and Necklift the best option for facial deflation of the face due to Ozempic?

Due to the significant increase in laxity and sagging of lower facial skin and neck tissue from GLP-1 drugs, the most powerful (and semi-permanent) way to treat this unwanted tissue is to physically tighten and lift it with a legitimate Lower Facelift (SMAS Lift) and Necklift (Platysmaplasty). The amount of tissue typically is too significant in amount to be influenced by non-surgical methods, thus tightening the underlying facial and neck muscles, along with removal of excess skin and remaining fat (if needed), will provide the most noticeable, and long lasting, results.

### When should I have my Lower Facelift and Necklift after taking Ozempic?

It is advised that a patient should be fairly close to their ideal/goal weight before having a lower facelift with necklift. Weight loss of more than 7% body weight can cause noticeable changes in the face. In addition, moderate fluctuations in weight (ie "yo-yo" effect) can also cause a similar increase in laxity and drooping of facial and neck skin. Thus, it is strongly recommended to be close to ideal weight (within 5%), as well as having one's weight stable for maintenance.

### Can a Lower Facelift and Necklift be performed under local anesthesia in patients who lost significant weight from use of GLP-1 Agonists?

Some surgeons are specially trained to perform many cosmetic facial procedures, including a lower facelift and necklift, under local anesthesia. The overall risk of the procedure decreases significantly when general or IV anesthesia can be avoided, hence the strong appeal of local anesthesia (with oral sedation with Valium or Xanax). Recovery time typically is faster under local anesthesia and it is cost effective to the patient, as there is no need to pay for a Surgical Center/Hospital nor an anesthesiologist.

### Can I have a Lower Facelift and Necklift while actively taking Ozempic or other GLP-1 Agonist medication?

Yes, it is safe to take this class of medication while having a Lower Facelift and Necklift, especially when it is performed under local anesthesia (with oral sedation). Many patients who have reached their goal weight continue to take GLP-1 medications for maintenance. These patients are the ideal candidates since they have reached their goal and will most likely keep their weight stable over time.

CALL US NOW TO SCHEDULE YOUR CONSULTATION WITH DR. LANFRANCHI TO DISCUSS THE BEST OPTIONS FOR YOU.