

## Medications/Supplements to Discontinue Prior to Procedure(s)

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Review this Information Carefully

It is important to discontinue blood thinners two weeks before any procedure. Aspirin, arthritis medicines, cold medicines, and Non-steroidal Anti-inflammatory (NSAIDS) medications can cause excessive bleeding during surgical procedures. The list below is not a complete list of prohibited products, so be sure to check all medications you might take in the two weeks prior to your procedure to see if they contain these drugs/supplements. If you're not sure, ask your pharmacist or us for assistance.

**NOTE: Prior to stopping any prescription medication(s), please first discuss with your prescribing physician.**

For all products listed below, **please discontinue taking 2 weeks prior to your procedure date.** Please see specific footnote instructions for the remaining products. If you have any questions, or are medically required to take these drugs, notify us or confirm with your personal doctor that it is okay to stop in anticipation of your procedure.

**ARNICA MONTANA** (ok to start AFTER procedure)  
BROMELAIN (ok to start AFTER procedure)

ADVIL  
AGGRENOX  
ALEVE  
ALKA SELTZER  
ANACIN  
APPETITE SUPPRESSANTS  
ARTHRITIS PAIN FORMULA  
ASCRIPTIN  
ASPIRIN  
BAYER  
BRILINTA (Ticagrelor)  
BUFFERIN  
CAMA ARTHRITIS RELIEVER  
CELEBREX  
CHONDROITIN  
COUMADIN (Warfarin, Jantoven)  
CORICIDIN  
CURCUMIN  
DOANS PILLS  
DONG QUAI  
ECHINACEA  
ECOTRIN EMPRIN COMPOUND  
EFFIENT (Prasugrel)  
ELIQUIS (Apixaban)

**ENERGY DRINKS**  
ENTERIC  
EPHEDRA  
EXCEDRIN  
EVENING PRIMROSE OIL  
FIORINAL  
FISH OIL  
4-WAY COLD TABLETS  
GARLIC  
GINGER  
GINKO BILOBA  
GINSENG  
GLUCOSAMINE  
GOLDENSEAL  
IBUPROFEN  
INDOCIN  
KAVA  
LOVAZA  
LOVENOX  
MILK THISTLE  
MIDOL  
MELATONIN  
MOBIC (Meloxicam)  
MOTRIN

NAPROSYN/NAPROXEN  
NORGESIC  
NUPRIN  
OMEGA-3's  
PERCODAN  
PENTASA  
PEPTO-BISMOL  
PLAVIX (Clopidogrel)  
PRADAXA (Dabigatran)  
PRESISTIN  
PROPOXYPHENE  
SAVAYSA (Edoxanab)  
SAW PALMETTO  
ST. JOHN'S WORT  
TRIOGESIC  
TUMERIC  
VALERIAN  
VANQUISH  
VICOPROFEN  
VITAMIN E  
XARELTO (Rivaroxaban)

Please contact us via text on our medical text line for any questions (833) 611-0925 (TEXT ONLY NUMBER)

Signature \_\_\_\_\_ Date \_\_\_\_\_

*By signing I am acknowledging I have a copy of this document in my personal possession.*